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Warrior Mindset

While serving in the Chinese Imperial Army, Mulan faces many uncertainties. Does she have what it takes to complete her training? Will she have what it takes to succeed in battle? And perhaps most of all—can she keep her true identity hidden and bring honor to her family?

Mulan does not let these fears or uncertainties stop her from pursuing her goal. Through her sacrifice and perseverance, Mulan ultimately discovers who she is by embracing her true inner strength to become a legendary warrior.

Like Mulan, you already possess your own unique strengths and gifts that make you capable of achieving more than you may even realize. Journey alongside Mulan to harness your own talents and discover what makes you legendary. As you venture through this Activity Packet, we invite you to map out your dreams and goals, explore your values by designing an emblem unique to you and your family and head outdoors to train your inner warrior by taking inspiration from the natural world around you. In the pages ahead, uncover the adventure for yourself, and stream Disney's "Mulan" on Disney+ September 4 with Premier Access.*

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MULAN

The fearless and spirited eldest daughter of an honored warrior, Hua Mulan is the apple of her father's eye. When the Emperor mobilizes his troops to fight the onslaught of invaders from the North, she masquerades as a man to take the place of her ailing father under the name Hua Jun, setting her on an adventure that will transform her into a legendary warrior.

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